



LIFetimes

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Parking Reminder!

FINALLY! In less than 2 weeks we will again be able to convene in the Pegasus Ballroom. ...don't know about you, but Mike and I can't wait! I would be remiss if I didn't give kudos to Leslie, Sue and Marcia for the amazing virtual classes they provided during this unprecedented time. Week after week they did an incredible job! Thanks, Ladies!

Beginning with this issue, **LIFetimes** will, once again, be a monthly publication. As we've become accustomed to many changes within the last eighteen months, the newsletter has undergone some new adjustments as well. We will no longer be printing the black and white hard copies. From now on, **LIFetimes** will be available in full color, online. Each month you will receive a link in a LIFE email, allowing you access to the current edition. Should you miss the email, know that you may also go to our website, <https://life.ucf.edu>, go to the "about" tab and scroll down to the "current newsletter." We are always looking for submissions to **LIFetimes**, either in the format of a monthly column, or an individual article that would be of interest to our membership. If this sounds interesting to you, contact me via the email address at the top of this page.



**Watch your mail!
Parking Tags & Name Tags
will be mailed before our
first session.**

Welcome Back!

-Gail



WELCOME LIFE Members for 2021-2022! As your new LIFE President, I am really looking forward to this coming year as we return to a “new” normal in which we will be able, for the first time, to offer BOTH live, in person presentations in the UCF Pegasus Ballroom, as well as recording these presentations so that members can still participate in LIFE and enjoy our presenters when they are unable to come to campus for the “in person” programs. Like many of you, I have missed seeing old friends from LIFE but also look forward to meeting many new LIFE members who joined us last January and over the summer. It has been a great privilege to serve as your Curriculum Chair over the past three years and I am excited by the opportunity, as your President, to work with a great leadership team on LIFE’s Board of Directors, to help move LIFE forward into the future. A very special “thank you” to Todd Bowers, for his incredible leadership of LIFE over the past two tumultuous and difficult years as we learned to adapt to a new reality and shift to a virtual webinar format so that we could continue to bring great programming to LIFE members.

A very huge thank you also to Leslie Collin, our Executive Director, and Rebecca Underhill, our UCF student assistant [now a UCF alum], without whose incredible dedication and efforts we could not have accomplished what we did. We also owe a huge debt of gratitude to member volunteers, Sue Chapman and Marcia Enos, who were there for every rehearsal and live virtual presentation to manage the Q&A for all of us. All these individuals put in an enormous amount of time and effort to make the last 2 years happen and happen so incredibly well. I’m very excited about our Fall 2021 Curriculum where we will hear from and learn from some of the great UCF faculty scientists as well as from important community partners and leaders. I want to thank each member of LIFE for your continued trust in and support of LIFE which enables our organization to continue to offer great programs and experiences to you, our members, as well as to provide support to the larger UCF community through our various research awards, grants, scholarships, and other support activities such as “Knights Helping Knights” and “Toys for Tots.” Finally, I want to thank each of our members who volunteer their time and talents to the various committees and activities of LIFE. Those efforts are critical to our continued successful operation. See You August 31st!

-Jack





Diane Wink

As the world, UCF and *LIFE at UCF* “reopen” we thought it would be interesting to reflect back on the original opening day of the university, then known as *Florida Technological University* - FTU. A review of the first issue of the student paper, provides a window into that time.

The first issue - called “*FTU ???*” (there was a call for suggestions for a name for the newspaper) was published October 7, 1968; the date classes began for the expected 1,500 students.

First page articles were on the opening of “Florida Tech”, President Millican’s vision. Information on bus transportation by the Orlando Transit Authority was on the first page - clearly essential for students, staff and faculty transiting to this still rural and scarcely inhabited part of Orange County. There were three buses, to campus and three that returned to the terminal at Central and Pine, daily. Each ride costing 35 cents.



The editorial on page two called for students to remember they would “form the customs and traditions that will one day be a major part of the school” and that each student had to be ready to face “problems and difficult situations with enthusiasm and determination”.

There was also an explanation of the school seal - the winged horse Pegasus and how it illustrated

FTU’s mission to “reach for the stars” and achieve a “rendezvous with space and the stars” and to “try for the impossible” something still clear in the mission of UCF all these years later.



Page three of this first UCF newspaper focused on student experiences. The single feature writer (author’s name not included) reported they were asked to write a lot to help



fill the first edition? (They did.) Issues with parking were a key part of a light and funny piece. In a separate article, the campus bookstore (located in the basement of the library, the first and, at the time, ONLY completed building which also held administration, faculty offices and classrooms) reported it was short on textbooks but promised additional volumes were on the way. But they did announce they would cash checks up to \$50. (Readers - help me!! What is a check??)

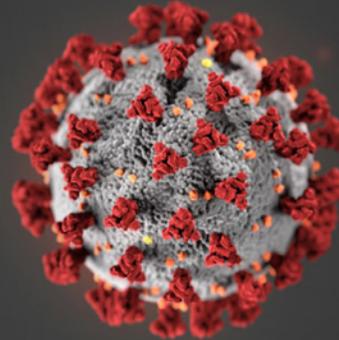
The final page of this first issue announced a full week's schedule of activities on campus which included music, a campus fashion show, a coffee hour and several movies. The organization of “Circle K”, the first campus club was also announced. The club was open only to “male students of ‘good character and scholastic standing’”. A sign of the times!! Its parent organization, Kiwanis, began accepting women in 1987. And while intramural sports were planned for both men and women, the sports facilities for football, soccer, swimming, handball, softball, were still under construction.

The newspaper was soon renamed *The Future*, a name kept until FTU became UCF and the newspaper renamed the *Central Florida Future*. Ownership and management changed over the years and on July 21, 2016, Gannett, the then owner, announced it was shutting down the newspaper. The final issue was printed on August 4, 2016. More on that final issue next month.



Coronavirus

(COVID-19)



FALL SEMESTER 2021 LIFE AT UCF POLICIES REGARDING COVID-19

It is on each of us to take the personal precautions necessary to protect our campus community.

LIFE at UCF offers members three options for participating safely.

1. In Person attendance in the Pegasus Ballroom/UCF Student Union
2. Live streaming made available on Tuesday mornings (after 9.14.21)
3. Links to recorded sessions to be viewed at members' convenience

On campus, LIFE members will adhere to the prevailing guidelines and protocols put in place by UCF for the protection of students, staff, and visitors found at www.ucf.edu/coronavirus/ Members are encouraged to follow UCF recommendations regarding hygiene and facial coverings while on campus.

Members who have tested positive for Covid-19 or are experiencing symptoms or have been in close contact with someone who has tested positive or experiencing symptoms should avoid campus, follow the guidance of your physician, and not return to campus until cleared by your physician or receive a negative Covid-19 test result. UCF's Covid Self Checker https://ucf.service-now.com/self_checker?id=public is available to provide more specific guidance.

LIFE FALL 2021 Curriculum Schedule (7.15.2021)

P: Pegasus Ballroom, SU 1st Floor
 CF: Cape Florida Ballroom, SU 3rd Floor
 KW: Key West Ballroom, SU 2nd Floor

Date	Time	Room	Topic	Presenter (Introduced by)
8/31	9:00 AM	P	Unveiling of the Icy Bodies in the Solar System with the James Web Space Telescope	Noemi Pinilla-Alonso (JM) UCF Associate Scientist, Florida Space Institute
	10:30 AM	P	Drawing: Teaching Concepts Leading to the "Promised Land"	Richard Roberts (KB) Artist & UCF Professor, School of Visual Arts and Design
9/7	9:00 AM		No Class This Week	
	10:30 AM			
9/14	9:00 AM	P	Tunneling History: The Search for the Lost Ark	Dr. Kenneth Hanson (MM) Coordinator & Abe and Tess Wise Endowed Professor of Judaic Studies University of Central Florida
	10:30 AM	P	UCF Arboretum - Florida Gardening	Kelsie Johnson (MC) UCF Arboretum Coordinator
9/21	9:00 AM		When Spain Ruled England: The Love Triangle between Bloody Mary, Philip II, and the Virgin Queen	Dr. Wayne H. Bowen Interim Associate Dean Director, Interdisciplinary Studies
	10:30 AM		Coastal Waters: A Microbial Smorgasbord	Dr. Melanie Beazley (JM) Assistant Professor UCF Department of Chemistry
9/28	9:00 AM	P	The Founders, the First Amendment and a Free Press	Rick Brunson (TB) UCF Nicholson School of Communication and Media
	10:30 AM	P	Technology and Aging in Place	Dr. Janan Al-Awar Smither (JM) UCF Psychology Department
10/5	9:00 AM	P	OCPS Food and Nutrition Services, an Enterprise within the District	Lora Gibert (MC) Sr. Director & Mark Watson, Director of Operations, Orange County Public Schools, Food & Nutrition Services Program
	10:30 AM	P	The Ultimate Question: Are We Alone in the Universe?	Brendan Byrne (RK) WMFE science reporter & NPR contributor
10/12	9:00 AM	P	Orbits and Ice Ages: History of Climate	Dr. Dan Britt (NG) UCF Department of Physics
	10:30 AM	P	Learn About Second Harvest's Work Fighting Hunger in the 6 Counties We Serve: Orange, Osceola, Seminole, Lake, Volusia and Brevard.	Karen Broussard (MM) VP Agency Relations & Programs, Seconde Harvest Food Bank of Central Florida
10/19	9:00 AM	P	Having Difficult Dialogues During Challenging Times	S. Kent Butler (TBD) UCF Professor, Counselor Education
	10:30 AM	P	Addressing Health Equity Through Collective Impact in Central Florida Communities During the COVID-19 Pandemic	Donna J. Walsh (LL) MPA, BSN, RN

Meet the student assistants who help make LIFE come tolife!



Hi! My name is Sallyrose and I am originally from Massachusetts before I made my way down to UCF. I am a second year Public Administration major. There are so many things I am interested in and currently plan to go to law school. It has been so great being a part of the LIFE team so far, and I am so excited to keep getting to know everyone as we jump into this new year!

My name is Abigail Ayres, although I go by Abby, and I am thrilled to be working at LIFE as a student assistant this year! Currently, I am a Sophomore here at UCF majoring in History while minoring in Pre-law and English. I have lived in Florida my whole life and am actually the 7th generation to live in my hometown of Ocala! In my spare time, I love to read and, although I don't have a favorite book, my favorite author would have to be Neil Gaiman. Now that everything is back in person, I look forward to meeting all the lovely members here at LIFE!



Make sure you say, “hi” every time you see them... without these hardworking ladies, LIFE could not be the amazing organization it is!

Gerontology

August 2021

Committee Report

Bill Myers, Gerontology Committee Chair

Hey, I know that title is a real snoozer, but before you nod off or turn the page, take a look at what LIFE is doing with your money. We support two approaches to research at UCF that affect in some meaningful way progress in helping increase the quality of life of people like us. One is the funding of faculty members whose research work is gerontology related, and the other is funding for undergraduates whose research is similar. To date LIFE has supported research to the tune of almost a half a million dollars.

During the fall, the Gerontology Committee solicits applications from faculty members and graduate students from all departments on campus, reviews them after the new year and allocates as much money as our budget allows to give as wide a distribution as possible. These awards are named The Richard Tucker Awards, and are named after the founder of LIFE. Winners are notified usually in March and are invited to attend the LIFE awards closing ceremony at the end of the year. Most awardees do attend, and you are all encouraged to read about them prior to the final session and to talk to them about their work. A future newsletter will detail what and who has been awarded money.

In coordination with the Office of Undergraduate Research (OUR), LIFE gives a small award (\$750) to selected recipients each term of the academic year. That is, fall, spring and summer awards are given. This award is called

the Al Dallago Undergraduate Award, named after one of the early and very influential presidents of LIFE. In this case, we piggy-back on the work that OUR does. They solicit applications for research monies for themselves, and forward to LIFE any that indicate an interest in getting a LIFE award. The LIFE award is independent of any money that OUR awards. We have established criteria for judging, and carefully peruse all entries based on their applicability to furthering gerontology research. This fall the committee is reviewing five proposals. The subject matter is quite varied. The proposals this session include looking at developing a drug to enhance life expectancy, looking for a way to block the growth of prostate cancers, one with a goal to find a drug that will slow the progression of pancreatic cells, researching the use of tannic acid to retard breast cancer cells, and looking at a way to increase the effectiveness of caregivers. You will have to get in line. I've already put my name in to be a test subject for the first one mentioned.

We will inform you once we have made a selection for the fall, and will also report on progress for the Al Dallago spring and summer awards, as well as the faculty applications for Richard Tucker⁷ awards.

Did I Read that Sign Correctly?



On a bathroom door



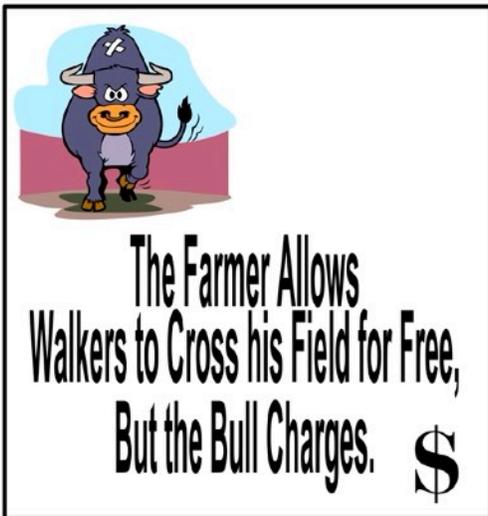
In an Office



After tea break,
Staff should empty the teapot and
stand upside down on the draining board.

Outside a
Second-Hand Shop

On a Farmer's Field



We Exchange Anything -
Bicycles, Washing Machines, etc.
Bring Your Wife along and get a



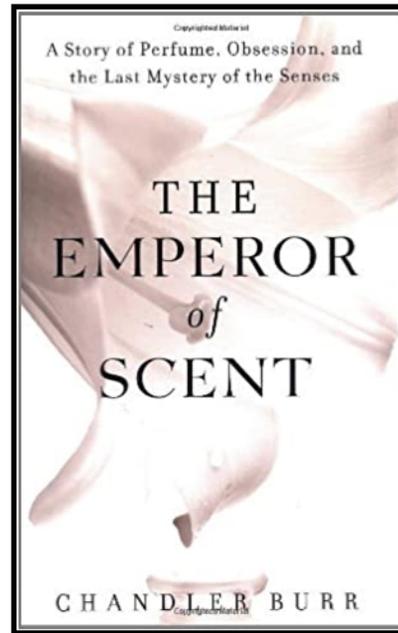
Wonderful Bargain!



August 2021

***The Emperor of Scent* (2004), ISBN 9780375759819**, is part of the Honors College's "Windows to the World" course this fall semester (in person).

How the nose works remains one of the most elusive mysteries of science, and Burr offers an exuberant account of a scientist's international quest to explain our sense of smell. It is a fascinating story of a free-wheeling genius, intrigue in the perfume industry, and clashes of personalities in the tangled world of research and academic publishing. The book's intergenerational dimensions and the fundamental questions it raises about how we create and test new theories make it ideal for a vibrant, valuable conversation among Honors students and LIFE members.



Dr. Tyler Fisher, who teaches the "Windows to the World" course, graduated from UCF in 2003 and spent the next 15 years studying and teaching at the University of Oxford, England, before returning to UCF as a professor of Modern Languages and Literatures in 2018. He inherited "Windows to the World" from Dr. Alvin Wang, and is continuing the course's vital links with LIFE as a means for enhancing students' perspectives and preparedness for active, lifelong learning. The LIFE/Honors Book Club is a key part of that tradition. In the past two years, we have read memoirs by Ariel Sabar, Natasha Trethewey, and Wes Moore, and Sir Ken Robinson's *Creative Schools*, with stimulating contributions from many LIFE members.

Those who wish to join this Book Club should be willing to commit to attending at least 2 of the 3 meetings:

Tuesdays, 21st September, 12th October, 2nd November (3:00-4:15 pm) in BHC 129.

To sign up as a participant in the LIFE/Honors Book Club, please email Dr. Fisher directly: tyler.fisher@ucf.edu

Nicholson Knight Heading to Tokyo's Paralympics



Tokyo's Paralympics

Kyle Coon '13, pictured right, will be representing Team USA as well as the Nicholson School at the Paralympics, occurring on August 24 – September 5.

Coon will appear in his first Paralympics as part of the 17-member Paratriathlon team that will try and match or exceed Team USA's four medals in 2016 when the event debuted at the summer games.

Coon was profiled in Pegasus magazine in the Summer 2019 issue and included in a [Nicholson News article](#).



At 10 months old, he was diagnosed with bilateral sporadic retinoblastoma, the most common form of eye cancer for children. By the time he turned 7, both of his eyes had been surgically removed.

Shortly after the procedure, his father introduced him to Erik Weihenmayer, a blind extreme athlete. It was the first time Coon met an adult who was blind, providing him an idea of the possibilities that lay ahead. Weihenmayer encouraged Coon to envision life without limits and suggested he try rock climbing.

Coon did that and more — from downhill skiing to hiking the Ancascocha Trail to Machu Picchu to summiting Mt. Kilimanjaro. After graduating from UCF, Coon became an endurance athlete, competing in numerous marathons and triathlons.

He is a two-time World Triathlon Para Series medalist and became a resident at the Olympic Training Center in Colorado Springs, Colorado, in January 2019 in pursuit of his goal of qualifying for Tokyo.

Coon competes alongside his guide, Andy Potts, a 2004 U.S. Olympian, 2007 Pan American Games gold medalist and decorated IRONMAN.

The paratriathlon competition in Tokyo consists of a 750-meter swim, 20-kilometer bike and 5-kilometer run. The competition takes place August 28–29.

Story was originally written by Jenna Marina Lee and published on [UCF Today](#).

Edited by Iulia Popescu and published August 2, 2021, on Nicholson News.



**Knights Helping Knights Pantry
FOOD DRIVE is one way
LIFE members can give back to the UCF community.**

**Mark Tuesday, October 12 on your calendar.
That is the date for our Fall drive.**

We picked this date to coincide with our speaker, Karen Broussard from Second Harvest Food Bank.

And by the way, Eli Valentin, who was the manager of the KHK pantry graduated in June and is now working at Second Harvest, continuing his good work in the community.

The pantry is a vital resource for the students. Please read about its history and the benefits it provides to the students on our LIFE.UCF.EDU website.

Read about what foods are needed and how writing a donation check expands the pantry's purchasing power.

Your donations make a difference!

Bring your donations, food and/or check, to LIFE on October 12.



**NOTE: Your LIFE Field Trippin' Committee
has scheduled a Community Service Day at the
Second Harvest Food Bank on
Mercy Avenue in Orlando
on October 21.**

See the warehouse and learn how this wonderful resource helps those in need in our community, first hand. We will have a three hour session, sorting and packing boxes with donated food. Watch your e-blasts and next month's newsletter for sign-up information.

Get ready for the FIRST LIFE Field Trippin' event ...and it's an exciting one! Your LIFE Field Trippin' Committee (formerly known as Experiential Learning Committee) has scheduled a tour of the new John C. Hitt Library. Watch your email so you can register on EventBrite to attend this tour that will take place on September 22 at 10:30am. **Use of the UCF Library is a benefit of LIFE membership!**

21st Century Library Project

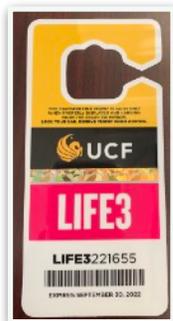
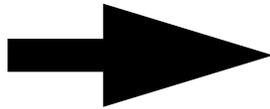
The 21st Century Library has been designed and planned to support more than the explosive growth in enrollment. New learning and discovery technologies, collaborative and individual research and study, collections in a variety of formats with the breadth and depth to support new and expanding programs will be available to students and faculty in a welcoming, engaging and inspiring environment.



<https://library.ucf.edu/21st/> to learn more!

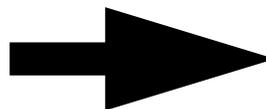
UCF PARKING! UCF PARKING! UCF PARKING! ...not for wimps

If you forget to have your UCF LIFE parking tag,



Here are your options... obviously, your parking tag is the BEST... after all, you have paid for it with your dues. However, keep in mind the other options are there, should you need them. You might want to add parking.ucf.edu to your phone and/or the back of your name tag.

MAKE SURE you either pay for a \$5.00 day pass at one of the kiosks, available in all parking



The newest option.

