

LIFETimes

February 2019

The LIFETimes in COLOR @ life.ucf.edu



 *Happy*
Valentine's Day

In this issue:



- Pg 2: Experiential Learning Opportunities
- Pg 3: Gleanings from Gail; Inspired LIFE
- Pg 4: Charge On! A word from our President
- Pg 5: Women's Softball Game; LIFE Day; UCF Celebrates the Arts
- Pg 6: LIFE out loud; LIFE Board Nominating Committee needs YOU!
- Pg 7: A Wink at LIFE
- Pg 8: spotLIFE: Candace Alcorn
- Pg 10: Lunch with LIFE
- Pg 12: Do You Remember: Trivia Tangle



Above: LIFE members enjoyed the Orlando Wetlands tour last month.



2/15 Seminole State Planetarium
2/18 UCF Medical school
2/28 Cornell - New exhibit
3/13 Shakespeare HAMLET
3/25 UCF Athletic tour
3/28 Mt Dora boat trip
4/24 UCF Arboretum



long enough to have made (and ignored) those pesky resolutions many folks seem to believe so crucial. I personally reduce one step by never making any!

I don't know how many of you realize that this is one of LIFE's busiest times for our volunteers.

- The Nominating Committee is accepting nominations for upcoming vacancies on the Board of Directors. Look

elsewhere in the LIFetimes for information about how to secure yourself a nomination. Serving on the Board gives an incredible opportunity to learn about the inner workings of LIFE and more depth insight about the valuable resource we are to the University! Arnold Bierman, Nominating Committee Chair, is looking forward to hearing from you!

- Experiential Learning trips have been planned and are ready for you to sign up on our website. There is a list of upcoming events in this newsletter.

- Membership is preparing to accept dues for the 2019-20 school year from current members and those individuals who want to join us and are patiently waiting for an invitation. It sounds easy but it is a huge job!

- Curriculum is already working on the plethora of topics that

will entertain us beginning the end of August...another big endeavor!

- The end of year Showcase is in full preparation mode and plans are in place to make it bigger and better than ever! WOW! So much happening. As always, if you are interested in any volunteer positions for LIFE, contact Leslie or any department chair. Whether you would like to work for a month or two or all year, we have something for you!

Additionally, keep letting Alli or me know of anything you'd like to see added to the LIFetimes and/or if you'd like to submit an article. Don't forget to volunteer to be a spotLIFE member! We have heard so many positive comments about this monthly feature; but need YOU to keep it going. My email is agorgail@gmail.com. Happy Valentine's Day to each of you! ♥

**"How old would you be if you didn't know how old you was?"
Satchel Paige (1906-1982)**

This baseball legend continued his successful career well into his 60s. We are so obsessed with age, Paige implies, that we allow it to define our identities. Break out of the mental set that makes you think of your age first, and your identity second.



**Inspired
LIFE**

This month's inspiration comes from our own LOL contributor, Sam Shutt.

CHARGE ON:



A 04

WORD FROM OUR LIFE PRESIDENT

Some reflections from your President as we approach the end of my two years in office.

There have been important workings of the Board that do not get the attention of the general membership behind the scenes and rarely reported. For Example: A committee chaired by Lee Cross with the assistance of Judy Luckett, Marcy Kysilka and Linda Shaheen have been diligently working on our Life Bylaws and Policies to update and make consistent and clear. This sort of essential background work is much needed and important to a smoothly run organization.

Our Vice President, Todd Bowers has put much thought into committee structure and operations since last fall. The result has been to shrink the number of standing committees to match our Strategic Goals (a formal document) and to match these purposes. Board members will be expected to have a portfolio that assures each Board Member has a role in some standing committee. That is to say we want a working Board; not one there for the perceived status, but one of

accomplishment.

I must comment formally of my personal disappointment in not being able to implement the live streaming of our sessions for those members unable to attend and or far away, etc. We did confirm that there is appropriate technology to accomplish the task. However, we were stymied from an unexpected quarter. The curriculum committee determined that there was considerable objection from some of our speakers to a widespread use of the internet for their talks. This is in the area of intellectual property and information they did not mind being used to sincere senior learners but not over the internet to the general public. Recently, we have had an overture from the new Downtown Campus of UCF to consider a branch membership or occasional meeting in the new campus. That will be the subject of a visit with them on Feb 4th. To that end we have asked Tim Mathews to get a membership population by zip code to determine where our 800 members live.

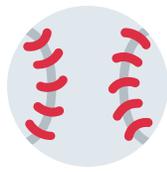
Our budget process is not to be a mystery to the membership. In order to run a sound operation, it was decided, by the Board, to raise the dues \$10 for next year. Not only do the organization's expenses go up annually, but we would rather small increments and not have large raises. For example, our speakers have been paid an honorarium of \$100 for the entire 27 years of LIFE's existence. We are very far behind the scale of speaking \$ scale so we have raised our honorarium to \$150. That takes up the entire increase. We also have technology gaps in our equipment provided by the Student Union. We are working on that and we will purchase and donate what is needed.

Sincerely,

Julian Meitin

President

Play ball!



05

LIFE@UCF Day for UCF Women's Softball will be on Saturday, February 23rd at 3:30 vs Penn State and 5:30 vs Pitt. (double header – LIFE members can go to both or one!).

Special bingo games will be going on between innings along with prizes and activities throughout the games!



UCF Celebrates the Arts

UCF Celebrates the Arts is an annual showcase featuring an interactive exhibition of student artworks in the areas of Visual and Performing Arts. In addition to the products and performances of the arts units, each year there are projects that demonstrate the arts vital role in innovation, communication and fostering creativity across all disciplines. The festival provides a platform to share with Orlando and the Central Florida region the collaboration that occurs among all the units at the University of Central Florida and also with our community partners. UCF's commitment to interdisciplinary activities and partnerships is well established and the festival celebrates these relationships as it demonstrates the university's strong positive impact in Central Florida and beyond.

how to celebrate:

THE ENTIRE SCHEDULE CAN BE VIEWED AT [HTTPS://ARTS.CAH.UCF.EDU/EVENTS-PREVIEW/](https://arts.cah.ucf.edu/events-preview/)

1. Visit the schedule page, <https://arts.cah.ucf.edu/schedule/> on February 21 at noon to reserve your tickets for each event. Some events have free tickets, others require a small charge with reserved seating.
2. Print your tickets at home and arrive early to check out the ongoing exhibits throughout Dr. Phillips Center for the Performing Arts. Your reserved seat means you don't have to wait in line! Many events are free with a general admission ticket reservation. The base ticket price is \$5 to reserve a seat at select performances, with some premium seats available at higher prices, depending on the



event.

Tickets will be required to enter Dr. Phillips Center for the Performing Arts.

All events for UCF Celebrates the Arts 2018 will be held at Dr. Phillips Center for the Performing Arts.

If you have any questions about tickets or transportation, please contact the School of Performing Arts Box Office at 407-823-1500.

ELECT

The Nominating Committee of LIFE@UCF is seeking nominations from its membership for individuals to serve on **LIFE's Board of Directors.**

To nominate yourself, send an email to **arnoldbierman@gmail.com** or **.Leslie.Collin@ucf.edu** with your name and contact information (phone/email) and a brief statement why you want to serve on the board.

DEADLINE for nominations: February 15th

LIFE

Board of Directors



Now what





alarming times:

While parking is the chief nuisance today, UCF students and faculty once contended with asbestos and bomb threats

by Diane Wink

Alarms! Bomb threats!
Asbestos! ...oh my!

Teaching in a university environment has challenges. One is the possibility of external forces disrupting class. Most of these, like building construction or repairs, are thoughtfully planned. Others are caused by nefarious human action. In 1989-1990, a UCF example of the first was a major asbestos removal program across campus. During that time UCF was also impacted by a string of the “nefarious human action” type challenges in the form of false bomb threats. In January of 1990 these became linked.

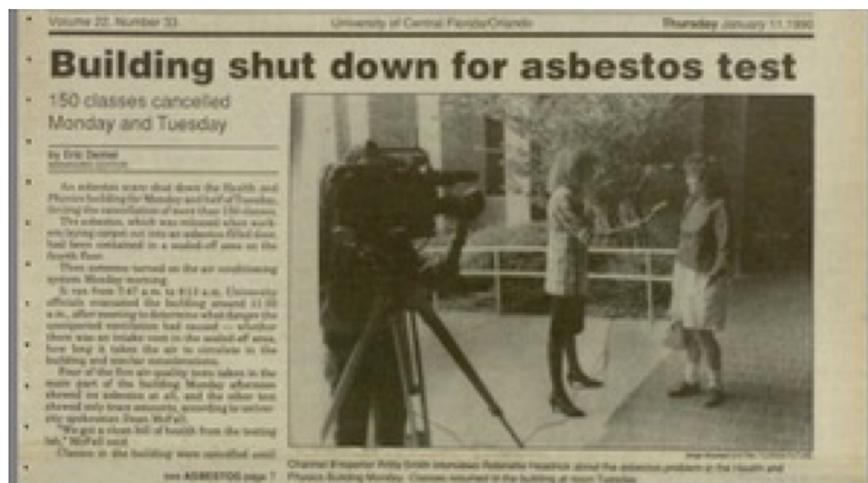
For the asbestos removal, university officials vigilantly ensured all safety precautions were taken while causing minimal campus activity disruption. In the case of the bomb threats, fire alarms were used to notify building occupants of a need to leave the building. Knowing it was likely a false alarm, everyone simply stood on lawns and sidewalks near the impacted building until hearing the old clear. (Hopefully they stood at least 400 feet away from the building as we in LIFE@UCF know to do.) Since some classes were impacted more than once (there was a rumor the calls were made by individuals trying to avoid exams), faculty and students got good at grabbing a few notebooks as they left the building. Where there was

nearby lawn and shade some classes and even exams continued until the building was cleared for reentry. Staff enjoyed an extra break. Luckily there were no bombs and no one was reported injured as result of the building evacuations.

On a Friday in January of 1990, the fire alarm went off in the then Health and Physics (now Mathematical Sciences) building. Students, faculty and staff calmly exited and gathered in their usual “false bomb threat” class and break spots under a large oak and waited for the “all clear,” which never came. Turns out, workers adjusting the sticky door of a utility room in a hall with four faculty offices, were shaving off a bit of the door bottom. Suddenly they realized the particulate falling to the floor was asbestos not sawdust!! The fire alarm was used to quickly evacuate the building to prevent inhalation of the toxic substance. The building was then closed until the clean-up was finished. Special arrangements had to be made to get essential belongings left behind by

students, faculty and staff who thought they would, as usual, be quickly back. Clean up progressed quickly with two glitches. Though all but the office suite where the asbestos-lined door was located were cleared for occupancy after the weekend, the building’s air conditioner was accidentally turned on early Monday and could have recirculated asbestos dust from the impacted area throughout the building. The building had to be closed another day until the final “all clear” could be announced.

Occupants of the four offices in the hallway with the problem door were blocked from their offices for several additional days. But, when allowed back, they found most all their office contents had been moved during the decontamination process and mixed together when “put back”. Was a great time to do that office reorganization as they got books, files and office supplies back in the right location.



left: a UCF newspaper documented the events.

These questions were answered by Candace Alcorn, one of our members. We tried the Q&A approach instead of an article format.



Candace, her two-year old GoldenDoodle, Aspen & 6 year old Hunter

Q. What is your greatest indulgence?

A. I love massages and all things 'spa'. Every few years I go to a destination spa for a week, and my go-to is Lake Austin Spa.

Q. What is one thing people would be surprised to know about you?

A. People are often surprised to find out I'm quite funny.

Q. What quote do you live by?

A. Ralph Waldo Emerson's quote "What you do speaks so loudly that I cannot hear what you say."

Q. When people come to you for help, what do they usually want?

A. Help with job search issues like resumes, LinkedIn profile, cover letters, mock interviews.

Q. What pets did you have while you were growing up?

A. My parents bought my grandparents 150-acre farm so I grew up around a lot of animals, but never had a personal pet until I was 50. I learned I had missed a lot.

Q. What is something that makes your your day better?

A. Meditation keeps me grounded and centered for the day. I'm still working to make it a daily habit.

Q. Who's your go to band or artist when you can't decide on something to listen to?

A. I find 'Enya' very relaxing.

Q. What shows are you into?

A. I love the *Outlander* series, *This is Us*, *A Million Little Things*, *The Resident*. I also love 19th century period pieces like *Downton Abby* or *Poldark*.

Q. Where is the most interesting place you've been?

A. My most outstanding memory is Grindelwald, Switzerland. I stayed a total of about a month in this lovely village where the predominant sound was cowbells. I lived and taught American students in Europe for two years.

Q. What kind of art do you like best?

A. Abstract

Q. What is special about the place you grew up?

A. Our farmhouse was built in 1837 and was once a stage coach stop half way between Indiana, PA and Pittsburgh, PA.

Q. What do you want your epitaph to be?

A. She was kind.

Q. What are three interesting facts about you?

- A.** 1. I have a patent
2. I was a majorette for 5 years
3. I was President of the local Girl Scouts



Q. What are a couple of the events in your life that made you who you are?

- A.** 1. My education. I have a BS in chemistry, and an MA in Education, however I went to Rollins/Crummer for my MBA. I started there a month before my 60th birthday - one of the best things I ever did!
2. Working and teaching American students in Kaiserslautern, Germany. I was young and had lots of free time to travel.

Q. What personality traits do you value most?

A. Authenticity, resourcefulness, and honesty.

Q. What makes a good life?

A. Continually learning and surrounding yourself with loving and supportive people.

Q. What is your spirit animal?

A. Pegasus - a mythological white horse with wings.

Q. What's the best thing about getting older?

A. The ability to be more mellow and forgiving.

Q. What's the saddest song you've ever heard?

"Sometimes" by Glenn Yarbrough



Q. Are you proud of what you're doing with your heart and time right now?

A. Yes, I am only doing things that make me happy, controlling the stress in my life, and also having an opportunity to give back through various volunteer groups.

Q. Which famous person would you like to meet?

A. Without a doubt, Oprah

Favorites

Restaurant - California Pizza Kitchen

Color- purple, followed closely by green

Movie - *'You've Got Mail'*

Holiday - Christmas

Pets - My dog and cat are first, but I do love all animals.

Spring Knights Helping Knights 10 FOOD DRIVE April 2

- Monetary donations are always welcome. Checks can be made out to: Knights Helping Knights Pantry
- Single serving foods and personal care items are accepted. Please, no expired food.

There will be multiple drop off locations and cash and checks will be accepted, and receipts given, outside the Pegasus Ballroom.

The Pantry and our students are so thankful and so appreciate the generosity of the LIFE members.



Lunch With LIFE

LIFE and the Burnett Honors College will host another Lunch With LIFE program on Tuesday, March 3rd. 12 LIFE students and a group of Honors students will attend a 10:30 LIFE program and then return to the Honors College building for

a catered lunch and discussion of the lecture. Lecture seating will be reserved for LIFE participants and BHC students. Check the Tuesday email blast on February 12th, 2019 for sign-up information.



The 2019-2020 LIFE membership renewal period will begin March 7 and end on April 9.

The cost is \$195.

Watch for an email with more details on how to renew your membership.

Several of you have been unhappy when Trivia Tangle is missing from LIFetimes. After perusing the internet for possibilities, I came upon this Trivia Quiz from "Suddenly Senior" the March 26, 2018 edition. The humorous title was "Are You Older than Dirt?" I'm guessing I must be since the gum question was the only one I missed. Enjoy! -Gail

DO YOU REMEMBER



1. Where did headlight dimmer switches used to be located?

- a. On the floor shift knob.
- b. On the floor, left of the clutch.
- c. Next to the horn

2. The bottle top of a Royal Crown Cola bottle had holes in it. Why?

- a. Capture lightning bugs.
- b. To sprinkle clothes before ironing.
- c. Large salt shaker



3. Why was having milk delivered a problem in northern winters?

- a. Cows got cold and wouldn't produce.
- b. Ice on highways forced delivery by dog sled.
- c. Milkmen left deliveries outside doors and milk would freeze, expanding and pushing up the cardboard bottle top.

4. What was the popular chewing gum named for a game of chance?

- a. Blackjack.
- b. Gin.
- c. Craps

5. Which was a popular candy when you were a kid?

- a. Strips of dried peanut butter.
- b. Chocolate-licorice bars.
- c. Wax coke-shaped bottles with colored sugar water inside



6. How was Butch wax used?

- a. To stiffen hair cut into a flat top so it stood up
- b. To make floors shiny and prevent scuffing
- c. On the wheels of roller skates to prevent rust

7. Before inline skates, how did you keep your roller skates attached to shoes?

- a. With clamps, tightened by a skate key
- b. Woven straps that crossed the foot
- c. Long pieces of string or twine

8. As a kid, what was considered the best way to reach a decision?

- a. Consider all the facts
- b. Ask Mom
- c. Eeny-meeny-miney-mo

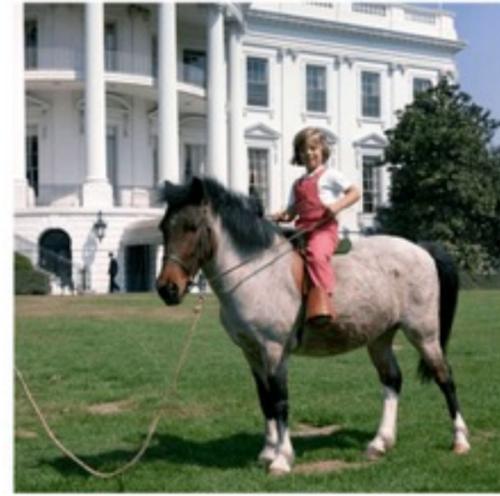


9. What was the worst thing you could catch from the opposite sex?

- a. A cold
- b. VD
- c. Cooties

10. What was the name of Caroline Kennedy's pet pony?

- a. Old Blue
- b. Paint
- c. Macaroni



11. What was a Duck-and-Cover Drill?

- a. Part of the game of hide and seek
- b. What you did when your mom called you in to do chores
- c. Hiding under your desk, covering your head with your arms in an A-bomb drill

12. What was the name of the Indian Princess on the Howdy Doody show?

- a. Princess Summerfallwinterspring
- b. Princess Sacajawea
- c. Princess Moonshadow

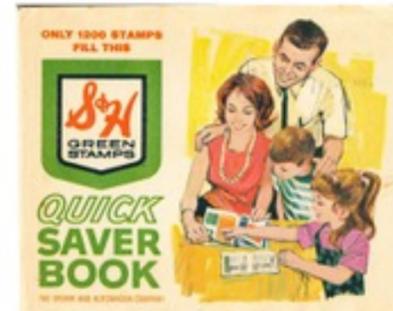


13. What did all really savvy students do when mimeographed tests were handed out in school?

- a. Immediately sniffed the purple ink, as this was believed to get you "high"
- b. Made paper airplanes to see who could sail theirs out the window
- c. Wrote another pupils name on the top, to avoid failure

14. Why did your mom shop in stores that gave Green Stamps with purchases?

- a. To keep you out of mischief licking the backs, which tasted like bubble gum
- b. They could be put in special books and redeemed for various household items
- c. They were given to the kids to be used as stick-on tattoos



15. Who left his heart in San Francisco?

- a. Tony Bennett
- b. Xavier Cugat
- c. George Gershwin

- 1. b) On the floor, left of the clutch. Hand controls, popular in Europe, took till the '60s to catch on.
- 2. b) To sprinkle clothes before ironing. Who had a steam iron?
- 3. c) Cold weather caused the milk to freeze and expand, popping the bottle top.
- 4. a) Blackjack Gum.
- 5. c) Wax coke bottles containing super-sweet colored water.
- 6. a) Wax for your flat top (butch) haircut.
- 7. a) With clamps, tightened by a skate key, which you wore on a shoestring around your neck.
- 8. c) Eeny-meeny-miny-mo.
- 9. c) Cooties.
- 10. c) Macaroni.
- 11. c) Hiding under your desk, covering your head with your arms in an A-bomb drill.
- 12. a) Princess Summerfallwinterspring. She was another puppet.
- 13. a) Immediately sniffed the purple ink, as this was believed to get you "high"
- 14. b) They could be put in special books and redeemed for various household items
- 15. a) Tony Bennett

ANSWERS