SUMMER STAY-CATION

Members share their favorite close-to-home getaways

VON-VOYAGE!

President Vonnie Bradbury reflects on her time in office

AMANDA'S BIG ADVENTURE

LIFE student assistant chooses between Peace Corps & Fulbright award
Signs of the Times
BY RAY JONES

For those who never saw any of the Burma Shave signs, here is a quick lesson in our history of the 1930's and '40's. Before there were interstates, when everyone drove the old 2 lane roads, Burma Shave signs would be posted all over the countryside in farmers' fields. They were small red signs with white letters. Five signs, about 100 feet apart, each containing 1 line of a 4 line couplet......and the obligatory 5th sign advertising Burma Shave, a popular shaving cream. Here are more of the actual signs....do you remember these?

HANDS ON THE WHEEL
EYES ON THE ROAD
THAT'S THE SKILLFUL
DRIVER'S CODE
BURMA SHAVE

AROUND THE CURVE
LICKETY-SPLIT
BEAUTIFUL CAR
WASN'T IT?
BURMA SHAVE

PASSING SCHOOL ZONE
TAKE IT SLOW
LET OUR LITTLE
SHAVERS GROW
BURMA SHAVE

DON'T STICK YOUR ELBOW
OUT SO FAR
IT MAY GO HOME
IN ANOTHER CAR.
BURMA SHAVE

NO MATTER THE PRICE
NO MATTER HOW NEW
THE BEST SAFETY DEVICE
IN THE CAR IS YOU
BURMA SHAVE

BROTHER SPEEDER
LET'S REHEARSE
ALL TOGETHER
GOOD MORNING, NURSE
BURMA SHAVE
DEAR LIFE MEMBERS,

Two years go by quickly when you’re having fun. And I’ve definitely had fun serving as your president. Whether it was planning an anniversary bash or conducting a board meeting, an element of fun was there. Maybe it was because I was working with so many wonderful people. Or maybe it was because I knew I would be greeted with your smiles and kind words every Tuesday morning. LIFE@UCF means a great deal to me and I’m more than grateful for the opportunity you have given me to lead this unique organization. There are lots of lifelong learning programs out there, but almost none like ours. How lucky we are! And what an exciting future lies before us! My thanks to each of you for making this one of the best experiences of my life.

SINCERELY,

Vonnie

Audubon Center Field Trip Photos

Courtesy of Marie Ruckstuhl
Jim Burr, LIFE Curriculum Committee Chairman and LIFE Times Newsletter Editor, has been invited to speak at the 2017 Southern Regional Conference for Learning in Retirement. His topic will be, “So, You Want to Do a Member Survey?” The conference will be held at Eckerd College in St. Petersburg, Florida July 30 – August 1, and is sponsored by the Osher Lifelong Learning Institute.

**LIFE Calendar & Announcements**

**May 16th, 1:00PM**  First LIFE Summer Session in Psychology Building Auditorium

**June 2, 10:30AM**  First LIFE Summer Session at UCF College of Medicine

**August 22**  First LIFE Fall Session
Stay Cool In Summer School
Summer Session Lecture Schedule

Lectures at UCF's College of Medicine

Contact Ian King to register
407-437-4139
ianjking63@gmail.com
Please check life.ucf.edu for updates

Friday, June 2
Dr. Deborah C. German, Dean, UCF College of Medicine
How to Talk to Your Doctor
Room: COM 101 Time: 10:30 a.m. - 12:00 p.m.

Friday, June 16
Dr. Naveed Sami – Dermatology
Common Skin Issues and What to Look For
Room: COM 101 Time: 10:30 a.m. - 12:00 p.m.

Friday, July 7
Dr. Marianna Dangiolo – Geriatrics
Protecting Your Mobility by Preventing Falls
Room: COM 101 Time: 10:30 a.m. - 12:00 p.m.

Friday, July 21
Dr. Ramon Rodriguez-Cruz - Neurology
Neurologic Disorders and Aging: What’s Normal and What’s Not
Room: COM 101 Time: 10:30 a.m. - 12:00 p.m.

Friday, August 4
Dr. Neha Bhanusali – Rheumatology
Managing Diseases Associated with Aging
Room: COM 101 Time: 10:30 a.m. - 12:00 p.m.

Main Campus Lecture Schedule

Tuesday, May 12
Scott Smith
Nudging the World With Stories
Room: Psychology Building Auditorium
Time: 1:00-2:30PM

Tuesday, May 26
Dr. Phil Hoffman, WUCF
Public Service Media in the New Millennium
Room: Visual Arts Building Auditorium
Time: 1:00-2:30PM

Tuesday, June 9
Terry Olson
City Arts Instigator
Room: Psychology Building Auditorium
Time: 1:00-2:30PM

Tuesday, June 23
Dr. Ben Brotemarkle
The Complete History of Florida (In Less Than an Hour)
Room: Psychology Building Auditorium
Time: 1:00-2:30PM

Tuesday, July 14
Dr. Joe Gennaro
Music of Politics and Protest
Room: Psychology Building Auditorium
Time: 1:00-2:30PM

Tuesday, July 28
Bob Bledsoe
Obama's Foreign Policy: Will It Last?
Room: Psychology Building Auditorium
# Fall 2017 Lecture Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Topic</th>
<th>Presenter</th>
</tr>
</thead>
<tbody>
<tr>
<td>8/22</td>
<td>9:00 AM</td>
<td>TBA</td>
<td>Joey: Who is it So Prevalent in Today's Population?</td>
<td>Joan Stephenson</td>
</tr>
<tr>
<td></td>
<td>10:30 AM</td>
<td>Dr. P. Phillips Center</td>
<td>Various Colors of the Trumpet</td>
<td>Dana Brazil</td>
</tr>
<tr>
<td>8/29</td>
<td>9:00 AM</td>
<td>TBA</td>
<td>The Ringed Planet: Cassini's Voyage of Discovery of Saturn</td>
<td>Kyle Trager</td>
</tr>
<tr>
<td></td>
<td>10:30 AM</td>
<td>Dr. P. Phillips Center</td>
<td>Hands on Orlando</td>
<td>Dr. Joshua Colwell</td>
</tr>
<tr>
<td>9/5</td>
<td>9:00 AM</td>
<td>TBA</td>
<td>Wetlands, Water and Wildlife: How You Fit into the Picture</td>
<td>Ann Gardepe</td>
</tr>
<tr>
<td></td>
<td>10:30 AM</td>
<td>Dr. P. Phillips Center</td>
<td>How to Become Invisible: How to Protect Yourself Against Personal Spying and Invasion in Your Life</td>
<td>Mark Sees, Park Biologist/Manager</td>
</tr>
<tr>
<td>9/12</td>
<td>9:00 AM</td>
<td>TBA</td>
<td>NASA's OSIRIS-Rex Asteroid Sample Return Mission</td>
<td>Dr. Humberto Campins</td>
</tr>
<tr>
<td></td>
<td>10:30 AM</td>
<td>Dr. P. Phillips Center</td>
<td>Management and Prevention of Back Pain</td>
<td>Dr. Nichole Dawson &amp; Dr. Bill Henney</td>
</tr>
<tr>
<td>10/3</td>
<td>9:00 AM</td>
<td>TBA</td>
<td>Health Care Changes and Updates</td>
<td>Aaron Liberman</td>
</tr>
<tr>
<td></td>
<td>10:30 AM</td>
<td>TBA</td>
<td>Folk Art</td>
<td>Kristin Congdon</td>
</tr>
<tr>
<td>10/10</td>
<td>9:00 AM</td>
<td>TBA</td>
<td>Aviation and the Law</td>
<td>Dr. Timothy Ravich</td>
</tr>
<tr>
<td></td>
<td>10:30 AM</td>
<td>TBA</td>
<td>Unexpected Hospitalization: Perspective of a Nurse and Family Member</td>
<td>John Sinclair, D.M.A.</td>
</tr>
<tr>
<td>10/17</td>
<td>9:00 AM</td>
<td>TBA</td>
<td>The TRIO Project and STEM: Making a Difference in the Lives of Diverse Students</td>
<td>Dr. Mary Lou Sole, Dean College of Nursing</td>
</tr>
<tr>
<td></td>
<td>10:30 AM</td>
<td>TBA</td>
<td>Update to Stem Cell Research</td>
<td>Dr. Rebekah McCloudSDES, Director Trio Project</td>
</tr>
<tr>
<td>10/24</td>
<td>9:00 AM</td>
<td>TBA</td>
<td>Team Performance: From Cockpit Crews to Robotic Coworkers</td>
<td>Dr. Kiminobu Sugaya</td>
</tr>
<tr>
<td></td>
<td>10:30 AM</td>
<td>TBA</td>
<td>Forensic Archeological Research: Improving Search Methods for Human Remains</td>
<td>John Schultz, UCF Forensic Anthropologist</td>
</tr>
<tr>
<td>10/31</td>
<td>9:00 AM</td>
<td>Greenwood Cemetery</td>
<td>New Technology/Simulation in Nurse Training</td>
<td>Don Price</td>
</tr>
<tr>
<td></td>
<td>10:30 AM</td>
<td>TBA</td>
<td>Behavioral Finance</td>
<td>Dr. Minda Anderson &amp; Dr. Desiree Diaz</td>
</tr>
<tr>
<td>11/7</td>
<td>9:00 AM</td>
<td>TBA</td>
<td>Taking Care of Aging Eyes</td>
<td>Jack Schott</td>
</tr>
<tr>
<td></td>
<td>10:30 AM</td>
<td>TBA</td>
<td>A Tale of Two NASA Missions: New Horizons and Lucy</td>
<td>Dr. Robert Wilson, Optometrist</td>
</tr>
<tr>
<td>11/14</td>
<td>9:00 AM</td>
<td>TBA</td>
<td>History of the FDA, Quality and Regulations Pertaining to Dietary Supplements</td>
<td>Dr. Dan Britt</td>
</tr>
<tr>
<td></td>
<td>10:30 AM</td>
<td>TBA</td>
<td>Zombie Ants</td>
<td>Charissa de Bekker, Ph.D.</td>
</tr>
<tr>
<td>11/21</td>
<td>9:00 AM</td>
<td>TBA</td>
<td>TBA</td>
<td>Bob Rolle</td>
</tr>
<tr>
<td>11/28</td>
<td>9:00 AM</td>
<td>TBA</td>
<td>Nationalism, Communism, and the National Transformation of the Confucian Family in China</td>
<td>Dr. Patricia Farless, UCF Associate Instructor of History</td>
</tr>
<tr>
<td></td>
<td>10:30 AM</td>
<td>TBA</td>
<td></td>
<td>Robert (Bob) Moore</td>
</tr>
</tbody>
</table>
ART IMITATES LIFE

"ONCE IN MY LIFE"
DR. PHILLIPS CENTER FOR THE PERFORMING ARTS
APRIL 11TH, 2017

Photos by Marie Ruckstuhl
staycation
[stay-KAY-shun]

Orlando's Own Fine Arts
"I love the arts, and I have a lot of go-to spots right around home. I like visiting the Orlando Ballet and the Orlando Philharmonic, and I also frequent performances at the Plaza Theater, Bob Carr, Dr. Phillips, and the Mad Cow."
-Bernard Fudim (above)

Disney, without the lines
"We love going to Disney and taking walks around the grounds of the beautiful resort hotels. It’s such a great place to relax. Back in the day, we had annual passes to the parks, too!" -Donald & Harriet Levine

Space out at a State Park
"I'm an amateur astronomer, so most of my vacations are to places where the sky is dark enough to clearly view the stars. I take a lot of trips to state parks. One of my favorites nearby is Kissimmee Prairie State Park." -Ray Jones

Right at Home
"I'd rather my stay-cation be staying at home! Our dog is just the cutest thing ever. We love going on walks, and I am most relaxed when spending time with my family." -Jeanette Jaworski
a note of farewell

Something funny happened to me recently: I blinked.

I was just a sophomore, following around the bright-eyed and bushy-tailed Jessie Walker as she prepared to leave her post as LIFE’s student assistant. Although she did her best to show me the ropes, I had no idea just how impactful and far-reaching of an organization I was about to become involved with. Frankly, it was a good day if I could even find my way between the LIFE office and the copy room without getting lost.

But I blinked, and now here I am waving goodbye to what has become an important fixture in my life, and one of the most rewarding facets of my college career.

While I marvel at how my time as student assistant has gone by so fast, I can hardly be sad, because I am so filled with gratitude for the opportunity to serve in this role. I have unquestionably received much more than I have given here.

I have enjoyed seeing your wonderful faces every Tuesday morning; your constant smiles and cheerful greetings never fail to shake me out of my early morning sleepiness and into a great mood for the day. I have shared fulfilling conversations, exchanged funny stories, and received meaningful and helpful advice from all of you. Many of you have shared bits and pieces from your past with me, and I admire the places you come from and the multitude of different experiences you have had.

Most of all, I am so inspired by the fact that you are still learning.

You are informed about the world around you, involved and active in your communities, and you throw stereotypes about aging to the wind as you take over the Student Union every Tuesday morning. I can say with confidence that your lecture sessions each week put the typical college classroom to shame, given the insight of your comments and the depth of your questions. I believe that my generation could learn a lot from your continued curiosity and knowledge-seeking spirit.

Thank you for allowing me to share so many moments with you. I am touched by the generosity I have encountered here, and how I have always felt at home among you. As I move on, I can promise that I will take what I have learned at LIFE with me throughout my life, and I certainly hope to remain a lifelong learner, just like all of you.

Many of you know that my plans to depart for the Peace Corps this coming August have been unexpectedly changed by the offer of a Fulbright scholarship to Bulgaria. There, I will be teaching English part-time in a secondary language school, in addition to conducting my own research and community engagement projects. I am truly looking forward to this experience, and I know that I have a lot to learn from it.

Even so, deciding on this next step was a difficult task; no matter how I sliced it, I had to make a choice between two very different but wonderful opportunities (which is certainly not a bad problem to have). Yet, I am confident that taking this Fulbright award will allow me to grow immensely, and I promise that I will not lose sight of the importance of service along the way. In fact, I hope to use my time as a Fulbrighter to make a positive impact in whatever way I can. So many before me have done admirable work in the spheres of research and public service, and I hope to continue the tradition.

I hope that the students I encounter in my school in Bulgaria will discover their own love for learning, and begin a path toward becoming lifelong learners themselves. I will tell them all about you, and I promise to stay in touch and tell you about them as well. Keep an eye out for updates in the newsletter next school year— I’ll call in a couple of favors with the LIFETIMES editors so that I can keep you in the loop on my experience.

I truly believe that all of you make this university and the Central Florida community so much better, and I will be thinking of you as LIFE grows and expands into the future. I hope to see every one of you again, but in the mean time, I wish you the very best as you spend each day living and learning. You are some of the most special people I have ever met.

SIGNING OFF,

Amanda

Bulgaria:
5,671 miles northeast of Orlando
THE 10, 20, & 25 YEAR BOOK

Congratulations to our 2017 honored members!

Alice Armstrong  Kirsten Assar  Gary Becker  Vonnie Bradbury  Kathy Cowden  Alexander Davidhoff

Renata DeJara  Maxine Derington  Sue Dodenhoff  Donald Dorner  Shirley Evans  Jill Feeser

Ted Goodwin  Mary Haddad  Paul Hansman  Jerry Hytry  Carolyn Jeffries  Bethed Keifer

Ian King  Christina Kotsonis  Lois Kushner  Richard Kushner  Dorothy Lambert  Helen Lawrence

Donald & Harriet Levine  Marilyn Merkle  Donna Miller  Bill Moore  Yoshiko Moore  Charles North

Janet Putnam  Elise Schilowitz  Joan Speaks  Chrissy Tavrides  Faye Thomas  Jeanine Walsh

Carol Wetmiller

Not pictured: Kathryn Arnold, John McCormack, John Roll, Amelia Wiener.
EXECUTIVE COMMITTEE

President: Vonnie Bradbury – Vonnie attended “UCF Center for Success for Women Faculty” where she awarded checks to four individuals. During the ceremony, Dick Tucker was named as one of the “Unsung Heroes” for UCF.

Vonnie will be interviewing Ellie Siebert to fill one of the student assistant positions left open due to Amanda Mayer and Ana Mesa graduating this spring.

EX-OFFICIO REPORTS

Academic Sponsor: Claudia Schippert went over plans for LIFE being held at the Dr. Phillips Center and showed the board a yellow bag that will be given out to the bus riders with a water bottle, program, and sticker to enter Dr. Phillips. Claudia discussed cost of bag and items to go inside. Board offered to help with costs, up to $300.

STANDING COMMITTEES

Curriculum – Jim Burr stated that summer classes have speakers. The information will be in the newsletter and will be ready for the website soon. There are a few remaining openings for Fall term which the committee is addressing now.
Membership – Tim Matthews reported that approximately 450 members have renewed so far. PayPal is working well. Waiting list longest wait is from July 2015, with there are about 515 on waiting list. Discussion followed about small numbers last week in Cape Florida room. It appears that members are being selective about presentations they wish to attend now that they are receiving notices regularly via email about the upcoming presentations. Also, some have expressed dislike for the smaller venue for class.

Newsletter - Jim Burr announced that April 18 will be last publication of LIFE newsletter for this term. Jim is considering sending this newsletter to faculty, as he did last in January. Jim is still looking for a photographer for LIFE.

Past Presidents – Judy Thames shared that we were not able to help with Cyber Seniors. An organization called “Mentors with Children” wants to recruit LIFE volunteers. Paulette discussed how offering LIFE members to the community fits well with LIFE strategic plan and UCF’s strategic plans.

Paulette offered to research the policy and proposal on how LIFE can interact with volunteers for the August 22, 2017 meeting.

Strategic Plan - Basil Pflumm - Basil asked board members to review the Strategic Plan on Dropbox and identify any changes needed by 4/17/2017.

AD HOC COMMITTEES
**Special Events Committee - Amanda Mayer** shared plans for the Celebrating LIFE recognition ceremony. She has met with the student union rep and the catering contract is completed. Continental breakfast will be served after the first class session at 10:00. The ceremony for awards and recognition will begin at 10:30AM. There will be a power point show of LIFE photos.

**College Dean’s Visits: John Ciesko** asked if board members had made contact; Vonnie made contact with Jeff Moore; Jack talked with Dean Johnson of COS and gave the list of speakers he provided to Jim Burr; John said he had no feedback yet from his contact with College of Business.

**NEW BUSINESS**

**Gifts of Appreciation - Vonnie** announced student awards to two of our LIFE student assistants: Amanda Mayer has been awarded a Fulbright Scholarship; Ana Mesa was recognized as Top Performing Student/ MS in Health Administration.

Vonnie also discussed recognition awards to Amanda and Ana, as well as to Allison Moss who is the newest assistant. Discussion followed regarding giving monetary awards to each. Vonnie suggested each be presented with a check as gift of appreciation, commensurate with their time in LIFE.

Meeting Adjourned: 11:30AM